31st July 2023

Advisory on Eye Flu (Conjunctivitis) Prevention

In view of the recently reported Conjunctivitis Cases in the Nagpur Region, this Advisory is being issued for the students/faculties/staff of the Institute to ensure the well-being of everyone:

1. **Familiarize yourself with the common symptoms of eye flu:** The symptoms may be redness and swelling of the eyes, watery or itchy eyes, discharge from the eyes, sensitivity to light, gritty feeling in the eyes. In case of occurrence of any of the above symptoms, please seek medical advice.

2. **Practice good hygiene:** Proper hygiene is crucial to prevent the spread of eye flu. Please adhere to the following hygiene practices:

   ⇒ Wash your hands frequently with soap and water for at least 20 seconds.
   ⇒ Refrain from touching or rubbing your eyes, especially with unwashed hands.
   ⇒ Use disposable tissues when wiping or cleaning your eyes. Dispose of used tissues immediately.
   ⇒ Avoid sharing personal items such as towels, pillowcases, and eye makeup.

3. **Isolation:** If you experience symptoms of eye flu, such as red or itchy eyes, please take the following precautions:

   ⇒ Stay in your room and avoid close contact with others.
   ⇒ Inform the hostel management/admin about your condition.
   ⇒ Seek medical attention promptly.
   ⇒ Keep shared areas clean.

4. **Stay Informed:** Please pay attention to notices, emails, or any other communication from the Institute.

Your cooperation and adherence to these guidelines are crucial in preventing the spread of eye flu and ensuring a safe and healthy living environment for everyone.

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Kailas N. Dakhale
Registrar